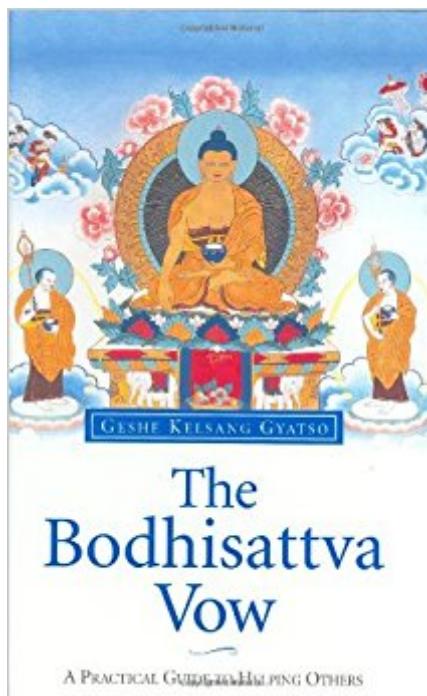


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# The Bodhisattva Vow: A Practical Guide To Helping Others



## **Synopsis**

A Bodhisattva is a friend of the world who motivated by compassion, spontaneously seeks enlightenment to benefit all living beings. In this practical guide to compassionate living, Geshe Kelsang explains in detail how to take and keep the Bodhisattva vows, how to purify downfalls, and how to practise the Bodhisattva's deeds of giving, moral discipline, patience, effort, concentration and wisdom. With this handbook as our companion, we can enter the Bodhisattva's way of life and progress along the path to full enlightenment..

## **Book Information**

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## **Customer Reviews**

"A perfect transmission of the ancient wisdom of Buddha to the modern world." — East West Journal

Venerable Geshe Kelsang Gyatso is a fully accomplished meditation master and internationally renowned teacher of Buddhism who has pioneered the introduction of modern Buddhism into contemporary society. He is the author of 22 highly acclaimed books that transmit perfectly the ancient wisdom of Buddhism to our modern world. He has also founded over 1200 Kadampa Buddhist Centers and groups throughout the world. In his teachings, Geshe Kelsang emphasizes the importance of meditation and how to apply it in daily life. He reveals practical methods for developing wisdom, cultivating a good heart and maintaining a peaceful mind through which we can all find true and lasting happiness. Demonstrating these qualities perfectly in his own life, Geshe Kelsang has dedicated his whole life to helping others find inner peace and happiness.

The audio-book is an excellent 2 disc set for the sincere students of Geshe Kelsang Gyatso (New Kadampa Tradition - New Kadampa Buddhist International Union). It is not beginner material, but more advanced. The Joyful Path of Good Fortune is an excellent but BIG foundation book. MODERN BUDDHISM will be released shortly. Eight Steps to Happiness is helpful introductory material. CDs of mantras can be purchased from your New Kadampa website. has excellent prices for the NKT materials! This book is likely NOT helpful to students of HH Dalai Lama, as a split occurred between the 2 groups. The Teacher Training Program is about 12 years. It is a long and serious process. And yes, New Kadampa Buddhism has its own dogma, as do most religions. If you LOVE it and believe that the Lam Rim Buddhism presented in NKT is your own personal path to liberation and helping others, this book is very helpful.

Complex reading but very insightful

Geshe Kelsang Gyatso's beautiful book, The Bodhisattva Vow, gives an extensive explanation on how to practice higher moral discipline, the main path that leads to permanent happiness and enlightenment. Geshe Kelsang Gyatso demonstrates clearly, that developing a virtuous determination to abandon harmful actions such as: killing, stealing, lying, hurtful speech, malice etc, is essential to progress on and complete, one's spiritual path. If we conscientiously observe moral discipline, we can solve all our human problems and complete our spiritual practices powerfully. I recommend this book to anyone who is seeking clear and practical advice on how to abandon harmful actions and negative states of mind, and how to cultivate positive, powerful states of mind that will cause all our actions to become pure and of benefit to others.

I got this on audio and I would have given it more stars but for the recording is so soft that I have to turn the volume very very high. There is a lot of information on the vows of a bodhisattva as well as the 35 confession Buddhas... there are 22 chapters that are loaded with information. I would recommend this to anyone who already has a very good foundation of Buddhism in general and is curious about the vows of a bodhisattva or who is planning on taking the vows. Ven. Geshe Kelsang Gyatso is an amazing teacher who chooses his words very well for teaching and explaining. I highly recommend all of his books. There is a list of appropriate books for beginners, intermediate and advanced practitioners at [...] there is also a link that if you have any questions while reading or listening you can call or email the center and ask a monk or nun. I found that they are always very

happy to help. I personally have purchased several of Geshe-la's books and plan on buying more.

perfecto

The author presents in a traditional Tibetan Buddhist manner the Mahayana practice of confession to the 35 Confession Buddhas. He clearly sets out the importance of purification and the steps that need to be taken for the individual to overcome delusions and to progress on the spiritual path to enlightenment. The text then explains the ritual of confession and contains detailed descriptions of the Buddhas and instructions on how you or I should engage in this practice. The text is very clear and avoids the tendency of some writers to obscure the meaning by using technical jargon - Kelsang Gyatso has avoided this and should be thanked for his efforts.

This book takes you through the vows that you must take to become a bodhisattva. It is to the point about the commitments. A wonderful book to read.

I should have posted this UPDATED review a long time ago in 2004. Like any spiritual seeker I was reading many different spiritual books, and Gyatso's books seemed genuine to me as I love the teachings of BUDDHA. In a nutshell, I joined their "meditation" group and went further to be trained as a teacher. What happened is SHOCKING. They informed me that I could NOT write my own books!!!! They told me I could not discuss any of the teachings! They told me I could NOT write ARTICLES. I couldn't believe how controlling this cult organization is. They give glory to Kelsang Gyatso - where a true Buddhist gives the glory to Buddha. If you are looking for excellent Buddhist books I do \*NOT\* recommend this book, or any of the other Gyatso books. I do recommend the books by Eknath Easwaran such as THE DAMMAPADA. I share this with the utmost pure motives and hope it helps you in your spiritual growth.

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